

Spring Spiritual Retreat 2018
“The Changing Seasons of our Lives”



Saturday, March 24, 2018

9 a.m. to 4 p.m.

Location: Camp Kum-Ba-Ya, 4943 Barge Island Rd, Benton, KY 42025

Cost: \$15 (*this includes beverages and snacks, lunch, retreat materials, camp rental fee*)

Retreat Leader: Rev. Dr. Ruth Ragovin

The book of Ecclesiastes states that *“For everything there is a season, and a time for every matter under heaven (3:1).”* In the circle of life, the world cycles through the seasons of winter, spring, summer, and autumn as the earth moves from being a tomb, as things lie dormant under the earth, to becoming a womb as this same earth births new growth in a brilliant resurrection of life. This same life force that propels the external seasons also pulses through our individual lives as we too move through various internal seasons.

During this day-long retreat, to be held among the beauty of nature at a lakeside retreat center, we will explore the valuable lessons and wisdom that each of these seasons can teach us as we apply them to our own lives. We will be helped in this by the writings of Parker Palmer, Marjorie Thompson, Joyce Rupp, Marcina Wiederkehr, and Thomas Merton. We will engage in times of personal reflection and journaling as we allow ourselves to be inspired and challenged by poets including Wendell Berry, Mary Oliver, Tagore, e e cummings, May Sarton, Nami Shihab Nye, Rumi, David Whyte, and John O’Donohue.

Come and allow your souls to be refreshed by the beauty of nature, encouraged by the wisdom we can glean from both the external and internal landscapes of our lives, and renewed by a day away from the stresses of our everyday lives!

To register, please email fccmurray@gmail.com or call 270-753-3824. Those who would like to carpool from Murray, may meet in the parking lot of First Christian Church no later than 8:15 a.m. Registration fees may be paid the day of the retreat.